

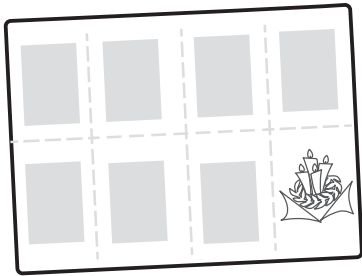


Your (Unofficial) Guide to Advent

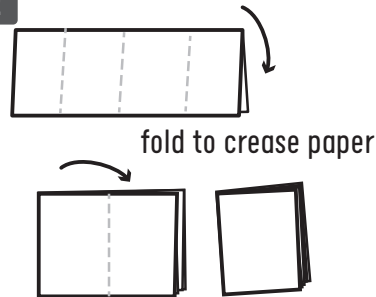
Pocket Prayer Zines: A How-to Guide

No matter where you are on your faith journey or what you are doing this advent, take us with you with our handy-dandy pocket prayer zines! (Zine resources can be found on our Advent Worship webpage.)

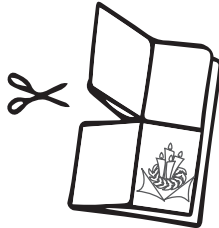
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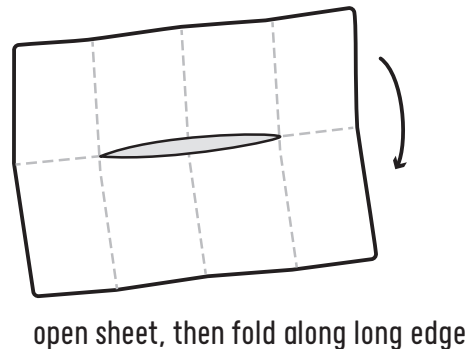
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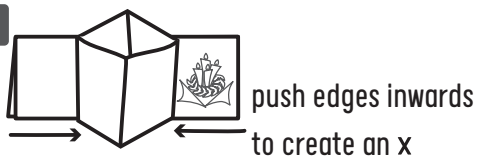
3 unfold and cut on marked line



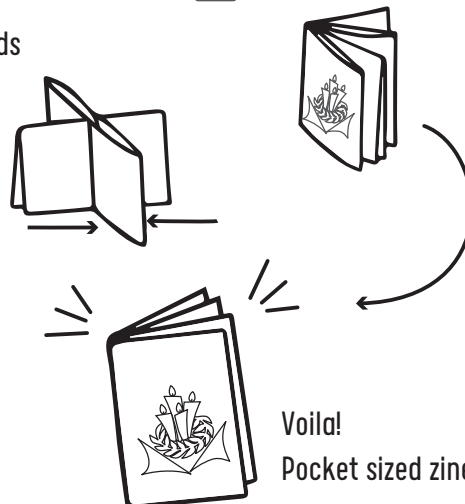
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5



6 close to form pages



Praying Through Advent

Deliver me to myself
that I, intact,
may know the wonder of waiting
not the preaching of it
not the praying of it
not the formation of it
but the waiting.
Deliver me to myself
that I, intact,
may know the wonder of waiting.



Pocket Advent Prayers

by

Catherine Faith MacLean

Week 1 Hope

The season writes itself, they say
Hope, Peace, Joy, Love
Hope though?
Really?
Hope requires a hard hat. I go into
the caves of a person's sorrow
the mines of grief
the construction of a life
That is where Hope is called.
That is where I go.
May there be an advent hymn to sustain me.



Advent
unwrapped

The United Church of Canada
l'Église Unie du Canada
united-church.ca/worship-theme/advent-unwrapped

230028

Praying Through Christmas Eve

Tomorrow is Christmas.

Then a whole week of Christmas-tide
waiting like Prophet Anna
to speak about the Child

But for now
for now
the labours
of Christmas Eve
pruning the Story
trusting the Spirit to show up
in my weary soul
intending that I
praise with the angels
be afraid with the shepherds
register with Joseph
ponder the Word in my heart.

Week 2 Peace

Recalling to myself a season past:
the heat of the moment
the fear in the populace
the devastation of these glorious places:
the fires. The fires:
the pounding of hearts
the floods that followed
the lament, oh the lament
what have we done.
Dear earth our home what have we
allowed
on our watch we have tilted the
natural world
beyond crisis into peril.

Week 3 Joy

For my friends and for the non-friends
for the neighbours in vocation
who toil in this Season
who *get me*
this prayer:
enough energy and abundant
enough grace and abundant
enough rest and abundant
as yet again we serve in the Season
for people of faith—and non-faith
for neighbours in location
who toil in the Season
to hold the commerce and the practice
of Christmas, small-C Christmas
the hardship to bring a Season
somehow of Joy.

Week 4 The Final Week

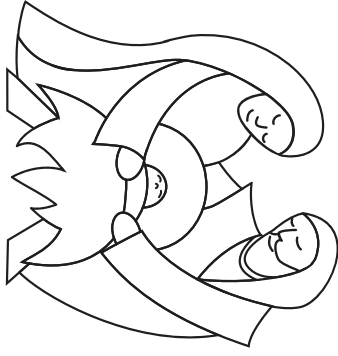
This last week of labour in the Advent
vineyard
so much left to do.
Carry me upward, Spirit.
Carry me with resolve, infuse me with
tenacity
For I fret
I fret
that the message of love is inadequate
to a people enduring their ragged lives
or is it just I who am ragged of energy
and craving love.
Come, Holy Spirit, come upon me too
That it may be also with me according to
your word.

Advent unwrapped



Prayers for the Whole Family

"May grace and peace be yours in abundance."
(1 Peter 1:2)



The United Church of Canada
L'Église Unie du Canada

ACTS of Prayer

Use this simple and old prayer formula to create your own daily prayer.

A Adoration: What do you love
(or adore) about God?

C Confession: What are you sorry for?
What are you sad about?

T Thanksgiving: What are you
thankful for?

S Supplication: What do you need
help with?

Advent Wreath Blessing

Week 1

What will become of the dream
of hope and healing?

In ... (name places where you are
praying for hope and healing)

With ... (name people in need of help)

Week 2

What will become of the dream
of peace and justice?

In ... (name places where you
are praying for peace and justice)

With ... (name people in need of wisdom)

Week 3

What will become of the dream
of love and kindness?

In ... (name places where you are
praying for love and kindness)

With ... (name people who demonstrate
love incarnate)

Week 4

What will become of the dream
of joy and laughter?

In ... (name places where you
are praying for joy and laughter)

With ... (name people in need of courage)



Each Week

Candle is lit (moment of silence)

We wonder and wait for Christ's hope* on
this journey.

Although there are no simple answers
or easy paths.

May we find the courage

to keep on advancing towards God's
dream of justice, peace, and
A love that lasts.

*hope/peace/joy/love

(John Oldham and Alydia Smith)

Prayers for Your Day

Morning Prayers

For each new morning with its light;

For rest and shelter of the night;

For health and food;

For love and friends;

For everything Thy goodness sends.

(Ralph Waldo Emerson)

Day by day,

may my hope grow deep.

Likkle by likkle,

may my peace grow strong.

Petit à petit,

may my joy grow free.

Poco a poco,

may my love grow wide.

Until we are one.



be with me.

*Fill in the prayers using
your own words and
drawings. Let us pray.*

*Make space for God's Grace
through prayer this Advent.*

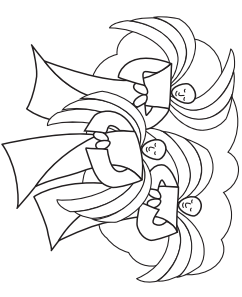
God, you are...

Thank you.

I am...

We are...

[Name for God].



*Do not be afraid,
for I am bringing you
good news of great joy
for all the people*

(Luke 2:10)



**Make
Space for
Grace**

be with us.

Amen.