## Get ready for Christ(mas)!



Advent 2021

Place this calendar on your fridge and use a magnet to count down the days!

28 Choose an audiobook or podcast to listen to throughout the season.	<b>29</b> Pull out a family recipe you haven't made in a while.	<b>30</b> Go for a winter walk.	<b>1</b> Offer childcare to a busy family.	<b>2</b> Have a household discussion about who in your community needs extra support this season.	<b>3</b> Leave a nice note or gift for your postal worker.	<b>4</b> Share something with an organization you care about.
<b>5</b> Make a winter bird feeder. [2nd Sunday in Advent]	<b>6</b> Listen to your favourite winter playlist or album.	<b>7</b> Scavenger hunt for items in your home that you could use for gift wrapping instead of buying.	<b>8</b> Put together a food hamper for a household in your community.	<b>9</b> Write a gratitude list.	<b>10</b> Take a nap!	<b>11</b> Do some holiday baking to share with friends and neighbours.
<b>12</b> Sort your belongings and donate or re-gift what you no longer need.	<b>13</b> Write a household Christmas letter.	<b>14</b> Support small businesses by shopping local.	<b>15</b> Give a card or meal to someone who has recently experienced a loss.	<b>16</b> Start a new holiday tradition!	<b>17</b> Walk a labyrinth.	<b>18</b> Make snowflakes or other decorations out of recycled materials.
<b>19</b> Buy nothing day! [4th Sunday in Advent]	<b>20</b> Mend or repair something where you live.	<b>21</b> Watch the sunrise or sunset to mark winter solstice.	<b>22</b> Practice meditation.	<b>23</b> Light a candle in memory of lost loved ones.	<b>24</b> Make up a Christmas board game!	25 Christmas is here! Send a Gift with Vision in a loved one's name. Visit GiftswithVision.ca for options.

For more ideas visit united-church.ca search "advent unwrapped"

The United Church of Canada/L'Église Unie du Canada First Third Ministries firstthirdministry.ca

