# Every Person Is a Superhero: Esbikenh’s Story | Devotion

## Listen

Mark 4:37–41

A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion; and they woke him up and said to him, “Teacher, do you not care that we are perishing?” He woke up and rebuked the wind, and said to the sea, “Peace! Be still!” Then the wind ceased, and there was a dead calm. He said to them, “Why are you afraid? Have you still no faith?” And they were filled with great awe and said to one another, “Who then is this, that even the wind and the sea obey him?”

## Sing

“I’m Gonna Live So God Can Use Me,” VU 575  
“Though Ancient Walls,” VU 691  
“Live into Hope,” VU 699

## Reflect

* What kind of “superpowers” did Jesus have, and how did he use them?
* What was the impact of Jesus’ healing, loving, and justice-seeking superpower?
* What spiritual superpower do you have, and how can you use it to make a difference?

## Pray

### At a Gathering

Powerful God, everything is possible when we are grounded in your Spirit. We can take responsibility for our past actions and promote healing. We can take a stand against injustice and work toward the common good. We can use all of our gifts– our time, talent, and treasure–to help build a better world. Buoy us with your mighty grace as we come together today. Empower us to make a difference. Amen.

### For Personal Devotion

O God,  
My thoughts have power.  
My words have power.  
My actions have power.  
My interactions have power.  
I have power, O God.  
Help me use it wisely.  
Amen.