

Trans and Gender Identity Resources

Note: The United Church of Canada is not responsible for the content of external websites.

TITLE AND SOURCE	DESCRIPTION	FOR USE BY					
		INDIVIDUALS (GENERAL)	CHURCHES AND CLERGY	CHILDREN (GENERAL)	PARENTS OF TRANS PEOPLE	CHILDREN OF TRANS PEOPLE	TRANS PEOPLE
UNITED CHURCH OF CANADA RESOURCES							
Affirm United/S'affirmer Ensemble http://affirmunited.ause.ca/	An organization that works for the full inclusion of gay, lesbian, bisexual, and transgender people in the United Church and society.	✓	✓		✓		✓
“Our life was the picture of normal until Terry came out” (Trisha Elliott, <i>Broadview</i> [formerly <i>The Observer</i>], February 2013) https://broadview.org/our-life-was-the-picture-of-normal-until-terry-came-out/	Terry and Anne Wood had a normal married life. All of that changed when Terry, a lay minister, realized he was a woman trapped in a man’s body.	✓	✓		✓	✓	✓
International Day Against Homophobia, Transphobia and Biphobia—May 17 www.united-church.ca/worship-special-days/international-day-against-homophobia-transphobia-and-biphobia	includes a worship service, prayers, and more		✓				
Ruth’s Story (YouTube video) http://youtu.be/FD4XITKjtL4	Ruth Wood, a minister at Calvary Pastoral Charge in Kingston, ON, talks about her life journey as a trans person and her theological reflection on love and acceptance.	✓	✓		✓	✓	✓
The Affirming Journey (Spring 2018 issue, <i>Mandate</i> magazine) www.ucrdstore.ca	A special issue on LGBTQIA+ and Two-Spirit people and the church. Includes articles, a timeline of LGBTQIA+ and Two-Spirit Justice in the United Church, Bible studies, worship resources, workshops, and more.	✓	✓		✓	✓	✓

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<p>“3 transgender Canadians share the journeys that shaped their faith” (Erica Lenti, <i>Broadview</i> [formerly <i>The Observer</i>], November 2018) https://broadview.org/3-transgender-canadians-share-the-personal-journeys-that-shaped-their-faith/</p>	Stories from 3 trans folk from different faith communities that share how they explore their spirituality while transitioning.	✓	✓		✓	✓	✓
<p>Transgender Day of Remembrance— November 20 www.united-church.ca/worship-special-days/transgender-day-remembrance</p>	includes prayers, readings and sermon ideas, a worship service, and more		✓				
<p>“Christian mom shares about her child’s transition to Noah” (Michelle Sparrow, <i>Broadview</i> [formerly <i>The Observer</i>], May 2017) https://broadview.org/interview-with-a-mom-about-her-childs-transition-to-noah/</p>	A mother and member of Fairlawn Avenue United in Toronto describes her child’s transition from Nora to Noah— how he changed his appearance, pronouns, personality and mannerisms.	✓	✓		✓	✓	✓
RECORDED WEBINARS / PODCASTS							
<p>Celebrating Gender Diversity: Five Stories https://youtu.be/YcIynOerCME</p>	This recorded webinar has five trans and non-binary United Church people sharing a bit of their personal stories as people of faith.	✓	✓		✓	✓	✓
<p>Strengthening Youth Ministry: Gender Inclusion (Michiko Bown-Kai, 2018) www.united-in-learning.com/index.php/webinars/recordings/150-youth-ministry-gender-inclusion</p>	This series shares creative and faithful methods for welcoming young people into the life of your faith community, especially those who are trans and non-binary.	✓	✓				
<p>Transgender Inclusion in Congregations (Unitarian Universalist, 2012) https://transforming-hearts-collective.teachable.com/p/transgender-inclusion-in-congregations</p>	A six-session online course designed to support congregations in the work of affirming trans people, meeting their spiritual needs, and valuing their gifts (\$125 for individuals, or \$400-\$800 for congregations).		✓				

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Trans 101: Trans Communities Part 1 (Metropolitan Community Church) https://vimeo.com/mccchurch/review/106862308/e6ebddb15a	A one-hour webinar video for congregations and individuals who would like to better understand and welcome trans and gender non-conforming people, more effectively ministering to and nurturing the trans community.	✓	✓				
Trans 102: Trans Communities Part 2 (Metropolitan Community Church) https://vimeo.com/mccchurch/review/108186110/70d08e0439%20	A one-hour webinar video that moves on to explore ways to apply learnings from Trans 101, including some of the best ways to “inreach” and outreach to the trans community.	✓	✓				
Two-Spirit Podcasts (Re:searching for LGBTQ2S+ Health) http://lgbtqhealth.ca/projects/two-spiritedpodcasts.php	Two-Spirit people share their stories about their history, culture, and identity.	✓	✓		✓	✓	✓
ONLINE RESOURCES TO DOWNLOAD							
Casting Prayers for Survival: Towards a Black Trans Theology https://thefeministwire.com/2017/11/casting-prayers-survival-towards-black-trans-theology	A powerful call for a theology that liberates Black Trans bodies.	✓	✓				✓
Crossing Paths (Unitarian Universalist) [PDF] www.transfaithonline.org/fileadmin/TFexplore/UUA_crossingpaths.pdf	Stories of transgender people and resources for worship, pastoral care, and workshops.	✓	✓		✓		
Families in TRANSition: A Resource Guide for Parents of Trans Youth (Rainbow Health Ontario, 2016) www.rainbowhealthontario.ca (search “Families in Transition”)	The first comprehensive Canadian publication to address the needs of parents and families supporting their trans children.	✓	✓		✓		✓
Gender Identity and Our Faith Communities (Human Rights Campaign) www.hrc.org/resources/entry/gender-identity-and-our-faith-communities-a-congregational-guide-for-transg	This congregational guide for transgender advocacy empowers people of faith with the knowledge and skills necessary to transform their communities into welcoming environments.		✓				

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Gender Neutral Bathrooms (Unitarian Universalist Association) www.uua.org/lgbtq/welcoming/ways/bathrooms	This page offers a variety of resources on making washrooms safe spaces, including FAQs, documentaries, articles, and suggestions for signage.	✓	✓				✓
Glory to the Gender-Bending God (SCM Canada, 2018) http://scmcanada.org/resources/	A devotional about trans lives and experience.	✓	✓		✓		✓
“Hearing Two-Spirits” (<i>Briarpatch</i> , September/October 2012) http://briarpatchmagazine.com/articles/view/hearing-Two-Spirits	A short article on the role of Two-Spirit experiences in resisting colonialism.	✓	✓				✓
Straight for Equality: Guide to Being a Trans Ally (PFLAG National, 2014) https://pflag.org/publication/guidetobeingatransally	This guide helps you learn more about what transgender means, develop competency around talking about the issue, become better informed about the challenges that many trans people face, and learn how you can be a strong trans ally.	✓	✓		✓	✓	
Supporting the Transgender People in Your Life: A Guide to Being a Good Ally (National Center for Transgender Equality) https://transequality.org/issues/resources/supporting-the-transgender-people-in-your-life-a-guide-to-being-a-good-ally	Learn to be an ally to the transgender people in your life, or to transgender people overall, is an ongoing process.	✓	✓		✓	✓	
transACTION, The Institute for Welcoming Resources www.welcomingresources.org/transgender.xml	This trans curriculum is for churches and religious institutions.	✓	✓				
Transgender Visibility Guide (Human Rights Campaign) www.hrc.org/resources/transgender-visibility-guide	This resource is to help people through the process of coming out as transgender in realistic and practical terms.	✓			✓		✓

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Transitioning to Inclusion (Kelsey Pacha, Center for LGBTQ and Gender Studies in Religion, 2015) https://clgs.org/multimedia-archive/transitioningyouthresource	A guide to welcoming transgender children and their families in your community of faith.	✓	✓		✓		✓
Trans Student Educational Resources www.transstudent.org/gender	Trans-related infographics which you are free to use in your presentations, publications, events, and communities (without modification).	✓	✓		✓		✓
Words by Non-binary People re: Non-binary Experiences: A resource for service providers who want to be more “non-binary friendly” www.excellenceforchildandyouth.ca (search “non-binary friend”)	This resource by Omnes et Nihil explores the diversity of non-binary experiences of gender. It helps service providers be more mindful of providing safe, affirming services.	✓	✓		✓		✓
PRINT (books, sermon ideas, worship, workshops, curricula)							
All God’s Children (Melany Burrill, LifeQuest, 2009) (search www.sdiworld.org)	A guide to conversations with young children about gender and sexual orientation (with ideas for sermons and classroom activities).	✓	✓		✓		✓
All I Want to Be Is Me (Phyllis Rothblatt, 2011) www.alliwanttobeisme.com	This illustrated children’s book reflects the diverse ways that young children experience and express their gender identity.	✓		✓	✓	✓	✓
A Two-Spirit Journey: The Autobiography of a Lesbian Ojibwa-Cree Elder (Ma-Nee Chacaby, University of Manitoba Press, 2016)	This memoir provides insights into the challenges still faced by many Indigenous people.	✓	✓		✓		✓
Beyond a Binary God: A Theology for Trans Allies (Tara K. Soughers, Church Pub Inc., 2018)	This resource explores theology from the position of a trans ally, a parent of a trans young adult, as well as priest.	✓	✓		✓		✓
Beyond Trans: Does Gender Matter? (Heath Fogg Davis, NYU Press, 2017)	Davis pushes the conversation on gender identity to its limits: questioning the need for gender categories in the first place.	✓	✓		✓		✓
Black on Both Sides: A Racial History of Trans Identity (C. Riley Snorton, University of Minnesota Press, 2017)	This book identifies multiple intersections between blackness and transness from the mid-nineteenth century to present-day anti-black and anti-trans legislation and violence.	✓	✓		✓		✓

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Born on the Edge of Race and Gender: A Voice for Cultural Competency (Willy Wilkinson, Hapa Papa Press, 2015)	This autobiography by a trans man goes further than just a transgender narrative. Wilkinson discusses his disability and mixed heritage to present a story of far more depth than one may initially expect.	✓	✓		✓		✓
47,000 Beads (Koja Adeyoha, Angel Adeyoha, Holly McGillis Illustrator, Flamingo Rampant, 2017) (search www.flamingorampant.com)	Peyton says she's not comfortable wearing a dress, so Auntie Eyota asks friends for help to get Peyton what she needs.	✓		✓	✓	✓	✓
Jazz Mergirl: The True Story of Jazz Jennings, a Transgender Girl Born in a Boy's Body (Bruce Edlen, 2015)	This story is about how Jazz Jennings and her family navigate the challenging road of her transition.	✓		✓	✓	✓	✓
Made in God's Image: A Black Church Guide to Gender Difference (Rev. Cedric Harmon and Ann Thompson Cook, Many Voices) (search www.manyvoices.org)	A resource for creating dialogue about people of faith and gender differences.	✓	✓		✓		✓
My Mommy Is a Boy (Jason Martinez, 2012) (search www.lulu.com)	A story of a girl who explains why her female-to-male transgender mommy looks like a boy.	✓	✓	✓	✓	✓	✓
Omnigender: A Trans-Religious Approach (Virginia Ramey Mollenkott, Pilgrim Press, 2001)	This book bridges traditional religious doctrine and secular postmodern theory regarding gender.	✓	✓		✓		✓
Our Whole Lives (United Church of Christ and Unitarian Universalist Association) www.ucc.org/justice_sexuality-education_our-whole-lives	A curriculum of sexuality education programs for: grades K-1, 4-6, 7-9, 10-12, young adults, and adults.		✓				
Queer Indigenous Studies: Critical Interventions in Theory, Politics, and Literature (Qwo-Li Driskill, University of Arizona Press, 2011)	A collection examining critical, Indigenous-centered approaches to understanding GLBTQ2 lives, and communities and the implications of queer theory in Native studies.	✓	✓		✓		✓
Retreating Forward: A Spiritual Practice with Transgender Persons (David Elias Weekley, Resource Publications, 2017)	This resource advocates for a ministry of "radical hospitality" to transgender persons in the form of a spiritual retreat.	✓	✓				

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Sexuality, Nationality, Indigeneity (Daniel Heath Justice et al., Duke University Press Books, 2010)	A conversation between the interdisciplinary fields of Native American studies and queer studies.	✓	✓		✓		✓
Sovereign Erotics: A Collection of Two-Spirit Literature (Qwo-Li Driskill, University of Arizona Press, 2011)	This collection strives to reflect the complexity of identities within Native GLBTQ2 communities.	✓	✓		✓		✓
The Bible and the Transgender Experience: How Scripture Supports Gender Variance (Linda Tatro Herzer, Pilgrim Press, 2016)	This resource integrates transgender 101, biblical material, and theology that deals with gender identity.	✓	✓		✓		✓
The Singing Teacher's Guide to Transgender Voices (Liz Jackson Hearns and Brian Kremer, Plural Publishing, 2018)	The first book of its kind to provide thorough, organized information on the training of trans singers for music educators.	✓	✓				✓
The Transgender Child (Stephanie Brill and Rachel Pepper, Cleis Press, 2008)	<i>The Transgender Child</i> explores the challenges faced by families raising gender-variant and transgender children (birth through college).	✓			✓		
The Transgender Teen: A Handbook for Parents and Professionals Supporting Transgender and Non-Binary Teens (Stephanie Brill and Lisa Kenney, Cleis Press, 2016)	<i>The Transgender Teen</i> explores the challenges that families face every day raising a teenager who may be transgender, non-binary, or gender-fluid.	✓			✓		
Transfaith: A Transgender Pastoral Resource (Chris Dowd and Christina Beardsley, Darton Longman & Todd Ltd, 2018)	A resource to help ministers and congregations begin to understand and welcome transgender people (includes liturgies and Bible studies).	✓	✓		✓		✓
Transforming: The Bible & the Lives of Transgender Christians (Austen Hartke, WJK Books, 2018)	<i>Transforming</i> introduces transgender issues and language and provides stories of biblical characters and real-life narratives from transgender Christians.	✓	✓		✓		✓
Trans Forming Families (ed. Mary Boenke, Oak Knoll Press, 2003)	These real stories about transgender loved ones from the initial shock through the various feelings, to final acceptance.	✓	✓		✓		✓

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Transgender Children of God (Megan Rohrer, Lulu.com, 2012)	This resource celebrates the diverse choices transgender people can make throughout their life and declares that God will love us no matter what.	✓	✓	✓	✓	✓	✓
Trans-gendered: Theology, Ministries, and Communities of Faith, by Justin Tanis (Pilgrim Press, 2003)	A resource that provides an introduction and overview of transgender experience and the Biblical issues related to trans people.	✓	✓		✓		✓
Transgendering Faith (ed. Maren C. Tirabassi and Leanne McCall Tigert, Pilgrim Press, 2004)	A resource to help churches respond with love and care to transgender people.	✓	✓				
Transparently: Behind the Scenes of a Good Life (Lisa Salazar, 2011) www.transparently.ca	An honest story told by a Christian woman who made the call to accept what she knew she had always been.	✓	✓		✓		✓
Two-Spirit Acts: Queer Indigenous Performances (ed. Jean O'Hara, Playwrights Canada Press, 2013) www.playwrightscanada.com/Books/T/Two-Spirit-Acts	This collection creates a space to explore what it means to be queer and Indigenous.	✓	✓		✓		✓
The Whipping Girl (Julia Serano, Seal Press, 2007) www.juliaserano.com/whippinggirl.html	This collection of personal essays debunk many of the myths and misconceptions that people have about trans women, as well as the subject of gender in general.	✓	✓		✓		✓
ONLINE ORGANIZATIONS AND RESOURCES							
Canadian Parents of Trans & Gender Diverse Kids www.facebook.com/canadianparentsoftranskids/	This Facebook support group is for parents of gender diverse children, youth, and adults.	✓	✓		✓	✓	✓
COLAGE www.colage.org	COLAGE is for people with a lesbian, gay, bisexual, transgender, or queer parent.					✓	✓
Gender Creative Kids http://gendercreativekids.ca	Resources for supporting and affirming gender creative kids in their families, schools, and communities.	✓	✓	✓	✓	✓	✓

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GLAAD: Transgender FAQ www.glaad.org/transgender/transfaq	A simple one-page introductory explanation of trans identity on the GLAAD website. Further resources are available through links on the page.	✓	✓		✓	✓	✓
Identifying as Trans http://teenhealthsource.com/sgd/identifying-trans/	A helpful webpage on the TeenHealthSource site to offer people who are questioning their gender identity, especially youth.			✓	✓		✓
#ILoveBeingTransBc campaign (GLAAD) www.glaad.org/ilovebeingtransbc	The #ILoveBeingTransBc campaign seeks to celebrate trans resiliency and bring positive visibility to the trans experience.	✓	✓		✓	✓	✓
Institute for Welcoming Resources www.welcomingresources.org	These resources help faith communities become affirming of people regardless of sexual orientation or gender identity.	✓	✓				
InterACT, Advocates for Intersex Youth https://interactadvocates.org	This website includes a wide variety of resources on being intersex.	✓	✓		✓	✓	✓
Intersex Awareness and Allyship, by the Canadian Centre for Gender and Sexual Diversity http://ccgsd-ccdgs.org/intersex	This is an online resource of information on being intersex.	✓	✓		✓		✓
Language, Culture, and Two-Spirit Identity http://apihtawikosisan.com (search “language culture Two-Spirit”)	This blog post by âpihtawikosisân focuses on the role that language plays in naming culturally specific concepts and experiences. It looks at Cree terms used to discuss gender and sexuality.	✓	✓		✓		✓
Le Néο www.le-neo.com	This French-language resource is on gender identity and orientation.	✓	✓		✓		✓
Lisa Salazar www.lisasalazar.com	Lisa is a Vancouver based author, speaker, and educator/trainer on trans issues. Her site links to a blog and more.	✓	✓		✓		✓
Many Voices www.manyvoices.org	Many Voices is a Black church movement for gay and transgender justice.	✓	✓				
National Center for Transgender Equality www.transequality.org	This is an organization devoted to ending discrimination against transgender people.	✓	✓				

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PFLAG Canada www.pflagcanada.ca	Parents and Friends of Lesbians and Gays provides support and resources on issues of sexual orientation and gender.	✓	✓		✓	✓	✓
Transfaith www.transfaithonline.org	Transfaith is dedicated to educating churches about trans faith and trans folk, and nurturing the expression of the sacred.		✓				
Transgender Day of Visibility, March 31 www.transstudent.org/tdovaction	This is a list of ten things you can do on March 31 for the Transgender Day of Visibility.	✓	✓		✓	✓	✓
TransKids Purple Rainbow Foundation www.transkidspurplerainbow.org	TransKids is committed to the premise that Gender Identity Disorder is something a child can't control and it is society that needs to change.	✓	✓		✓	✓	✓
TransTorah www.transtorah.org	TransTorah has information on how to access and transform tradition, and become welcoming sanctuaries for people of all genders.	✓	✓		✓		✓
TransWhat? A Guide towards Allyship http://transwhat.org	For those just starting to learn about gender identity, this resource provides basic information and how to be an ally.	✓	✓		✓		
What the Heck Are Pronouns? (Minus 18) www.minus18.org.au/index.php/get-involved/campaigns/pronouns (see also "What Are Pronouns?" video by Minus 18 below)	This resource produced by Australia's largest youth-led organization for youth of all sexual orientations and gender identities includes a short article, video, and app.	✓	✓		✓		✓
YOUTUBE VIDEOS							
Effective Allyship: A Transgender Take on Intersectionality (Ashlee Marie Preston, TEDxPasadena, 2018) https://youtu.be/3EcuDfDjUd8	In this passionate and deeply heartfelt talk, Ashlee seeks to help promote understanding about intersectionality, allyship, and the urgency for compassion.	✓	✓		✓		✓
The Gender Axis of Evil https://youtu.be/0co0minMG6l	Zinnia Jones on the conflation of gender, gender expression, and sexuality.	✓	✓				

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I've lived as a man and a woman—and here's what I've learned (Rev. Dr. Paula Stone Williams) https://youtu.be/lrYx7HaUIMY	A transgender woman (former CEO of a large religious non-profit before transitioning), Paula Stone Williams talks about the differences between living as a man and as a woman.	✓	✓		✓		✓
Transgender Day of Remembrance (Transgender Europe) https://youtu.be/HWnWV6VCNm4	This video highlights November 20 as a day to mark the passing of transgender people who have died because of hate.		✓				
Laverne Cox at Creating Change 2014 https://youtu.be/6cytc0p4jwg	Laverne Cox, known for her role as Sophia Burset on <i>Orange Is the New Black</i> , speaks to the importance of trans justice in the context of contemporary trans issues in North America.	✓	✓		✓		✓
Living as a non-binary in a binary world (Graysen Hall) https://youtu.be/7pvLDHFCEWk	Graysen Hall addresses the hardships and obstacles facing the day-to-day life of those who identify outside of the gender binary.	✓	✓		✓		✓
On the Male Side of Middle https://youtu.be/UoljapEHmDA (see also www.calvinneufeld.com)	This film about transgender Mennonite Calvin Neufeld captures a special moment in time between him and his family.	✓	✓		✓	✓	✓
Things Not to Say to a non-Binary Person https://youtu.be/8b4MZjMVgdk	Here are some of the questions that non-binary people are totally over hearing.	✓	✓		✓		✓
Transgender and Christian, by Austen Hartke www.youtube.com/user/ArienKatrim	This video series helps trans Christians find hope at the intersection of their identity and their faith through the study of biblical texts, and through life-giving conversation.						✓
Transgender Basics—Gender Identity Project https://youtu.be/UXI9w0PbBXY	This 20-minute educational film that discusses basic concepts of gender, sexual orientation, identity, and gender roles.	✓	✓		✓	✓	✓
“Two Spirit”—Injunuity https://youtu.be/iDyknNmg28	A four-minute animated video by Injunuity, featuring the stories of Two-Spirit people.	✓	✓		✓		✓
Voices of Witness: Out of the Box https://youtu.be/QzCANWGsEdc	This documentary gives voice to the witness of transgender people of faith. Online study guides are available.	✓	✓		✓	✓	✓

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What Are Pronouns? https://youtu.be/3xpvricekxU (see also “What the Heck Are Pronouns?” online resource above)	A video by Minus 18, Australia’s largest youth-led organization for youth of all sexual orientations and gender identities, about how gender identity is connected to the use of pronouns.	✓	✓		✓		✓
OTHER VIDEO							
Belonging in the Body: Transgender Journeys of Faith (Generous Space Ministries, 2018) www.generousspace.ca/shop	A 53-minute video collection of stories from the lives of transgender Christians. See trailer at https://youtu.be/h17l8o150_8 . Available for purchase at a sliding scale price-point.	✓	✓		✓	✓	✓
Call Me Malcolm (Joseph Paragregco, Filmworks Inc., United Church of Christ) www.facebook.com/CallMeMalcolm	The story of Malcolm, a transgender seminary student, and his struggle with faith, love, and gender identity. Study guides are available.	✓	✓		✓	✓	✓
No Dumb Questions (Melissa Regan) www.nodumbquestions.com	A film with discussion guides follows three young girls’ conversations about gender and acceptance when they learn Uncle Bill will soon be Aunt Barbara.	✓	✓	✓	✓	✓	✓
Transfigurations: Transgressing Gender in the Bible https://petersontosciano.com/portfolio/transfigurations	By unearthing the stories of gender-variant people in the Hebrew and Christian scriptures, Toscano’s one-person play deepens Bible stories and characters.	✓	✓				✓
<i>Trans-forming the church</i> (Rev. Liam Hooper, Reconciling Ministries Network) https://rmnetwork.org/trans-forming-church-video-curriculum	A 10-part video series (30 min in total) to help faith communities begin the conversation about how to support trans and non-binary people in your church and in society at large.	✓	✓				
Trans in America: A Documentary Series (ACLU and Little by Little Films, 2018) www.aclu.org/issues/lgbt-rights/transgender-rights/trans-america	A series of three short films (Texas Strong, Elisha Love, and Atlanta Drive) highlighting the discrimination trans people face at school, at work, and within the criminal legal system.	✓	✓	✓ (Texas Strong)	✓	✓	✓
We’ve Been Around (Rhys Ernst, 2016) http://rhysernst.com/portfolio/weve-been-around/	These five documentary shorts chronicle the lives of trans trailblazers in the USA, each with stories that have, until recently, gone largely unnoticed by mainstream society.	✓	✓		✓	✓	✓